



**Idaho High School Activities
Association**

**2025-2026
Football Coaches Packet**

unbottled.

2025 Football

Classification based on grades 9-12

| | | | |
|----|-------------|----|----------|
| 6A | 1,400- over | 3A | 349-175 |
| 5A | 1,399-700 | 2A | 174 -90 |
| 4A | 699-350 | 1A | 89-below |

2025 Football Season

First Day of Practice August 11

First Competition August 22

- Teams must enter rosters, schedules and scores on MaxPreps.

Football Sports Practice Model

The IHSAA Board of Directors has adopted the fall sports practice model for football.

Ten Day Practice Rule

Ten days of practice, in the sport, must be conducted before an athlete participates in a contest regardless of when they become a participant on the team. Helmets may be worn on the first day. Each player must have at least two (2) days of practice without any pads. Shoulder pads may be worn on the third (3rd) day and full pads on the fifth (5th) day.

Game Limitations for Each Team

No team may play more than nine games maximum for regular season play. No interschool football game will be approved unless at least five days have elapsed from the date of the previous game by that team. The term "football team" includes freshman, junior varsity, and varsity teams in grades 9-12. With approval, a team may play on the fifth day following competition.

Game Limitations for Individual

6A, 5A, and 4A football players are permitted to play a maximum of four quarters per day and five quarters per week. 3A, 2A and 1A football players are permitted to play a maximum of five quarters per day and six quarters per week provided they are not a varsity starter on offense or defense.

The week in which the five/six quarters may be played is measured from Sunday to Sunday. A student who played in two quarters of the varsity game on Friday night could play in three quarters of the JV game the following Saturday. Once a player enters the game during a given quarter, they are credited with one quarter of participation, regardless of how long they remain in the game during that quarter.

When playing two games the same day 6A, 5A, and 4A schools may request a waiver of the four quarters per day, to five quarters per day rule. 3A, 2A, and 1A schools may request a waiver of the five quarters per day rule, to six quarters per day.

A letter requesting a waiver of the one-day quarter rule must be submitted to the IHSAA. It must be signed by the principal and athletic director, that verifies:

1. There are 44 or fewer participants in the program at the 6A, 5A, 4A, 3A classifications, and 32 or fewer participants in the program at the 2A and 1A classifications, and the program desires to field two teams, or
2. There are 61 or fewer participants in the program at the 6A, 5A, 4A, 3A, classifications, and 32 or fewer participants in the program at the 2A and 1A classifications, and the program desires to field three teams; and
3. The lack of participants will cause the loss of a sub-varsity program; and
4. The lack of participants will cause the school to cancel scheduled games at the sub-varsity level; and

5. A minimum of 15 'varsity only' players must be designated for 6A, 5A, 4A, and 3A schools, and 7 'varsity only' players for 2A and 1A schools. The designated 'varsity only' players will be limited to four quarters per day in 6A, 5A, 4A, and 3A, and five quarters per day in 2A and 1A; and
6. The school's coaching staff has not, and will not, cut players or discourage anyone from participating in football, regardless of their ability.

A football player who exceeds the limitations of regular season participation will become ineligible for district, state or any other additional IHSAA sponsored competition of that sport.

Scheduling Requirements

All member schools that sponsor football are required to participate in the statewide scheduling of varsity football games in order to provide all schools a full and competitive schedule.

Football Rules

The official rules governing football in Idaho are those of the National Federation. Rule Books and Case Books must be collected and signed for by a school representative at the district rules clinic.

Eleven-Man Mercy Rule: If a 40-point differential is reached at any point during the game, the mercy rule will go into effect at the start of the fourth quarter. Once in effect, the game clock will run continuously and will only stop for injuries, team timeouts, or when a team scores.

The mercy rule does not apply to IHSAA playoff or championship games.

Eight-Man Football Rules

Eight-man football shall be played under the same rules as eleven-man football except for the rule differences as listed in the NFHS rulebook. Three certified officials are required for all eight-man football games.

Eight-Man Mercy Rule: If a 40-point differential is reached at any point during the game, the mercy rule will go into effect at the start of the third quarter. Once in effect, the game clock will run continuously and will only stop for injuries, team timeouts, or when a team scores. After halftime, if the mercy rule is in effect, the coach or administrator of the losing team may call a timeout to end the game.

The mercy rule does not apply to IHSAA playoff or championship games.

Coaches and officials from both teams are strongly encouraged to meet prior to the contest to discuss potential scenarios, especially if there is a strong possibility the mercy rule may come into play. During this pre-game meeting, they may agree to end the game once a certain point differential is reached or outline a plan of action should the mercy rule be triggered.

Resolving of Ties

Games ending in a tie must be decided using the 10-yard line overtime procedure outlined in the NFHS Rules Book, unless the outcome has no bearing on football playoff representation. In those cases, both teams must agree before the game, whether to play overtime or allow the game to end in a tie.

Safety

To help protect participants, the IHSAA recommends the following:

1. Principals and activity directors should prepare a letter instructing the football coach not to teach face tackling or butt blocking. A copy of this letter should be maintained on file at the school.
2. Coaches should include a clear description of legal blocking and tackling techniques in their player and/or coaching manuals. Head coaches are responsible for ensuring that all assistant coaches consistently teach these proper methods. Protect yourself and the integrity of the profession by emphasizing safe and legal techniques.
3. A coach or trainer should check helmets and other equipment periodically for damage or improper adjustment.
4. Participants must be informed of any reasonably foreseeable dangers. This includes clear warnings about the risk of catastrophic injuries, such as paralysis or death.
5. All game rules should be clearly identified, strictly followed, and promptly reinforced whenever violations occur.
6. Documentation is essential. Protect yourself by keeping detailed records of whom you have instructed or advised, including when, where, and how. Store these records securely and file a copy with the school administration office.

Heat Stroke

Heat stroke has caused fatalities in American football in recent years. These are preventable deaths. This information is provided to Idaho coaches and trainers as a guide for the prevention, recognition, and proper response to heat-related illnesses.

1. Acclimatization and Conditioning: The most important force operating to prevent heat stroke is acclimatization. Players should be encouraged to start workouts 14-21 days prior to the first practice session. The best single activity is running, and this should start with 20-to-30-minute workouts twice daily.
2. Proper Clothing: Jerseys should be short sleeved and lightweight. Cotton socks are recommended.
3. Fluid Intake: Fluids should always be readily available on the practice field. A manager should weigh athletes before and after every practice. Players who lose more than five pounds should rehydrate by consuming adequate fluids to replace the loss.
4. Practice: Caution should be exercised when temperatures reach 85 degrees or higher.
5. Forced Weight Loss: An athlete should never be required to wear a plastic suit while working out in the heat, whether indoors or outdoors.

Recognizing Clinical Syndromes

1. Heat Exhaustion - This condition is characterized by weakness, profuse sweating, and often headache. Cooling the individual with fans and offering small sips of fluids will typically relieve symptoms within a few minutes.
2. Heat Stroke - This condition is marked by unconsciousness and dry, hot skin, accompanied by an elevated body temperature. It is a medical emergency requiring immediate action. The patient should be cooled quickly using ice or cold cloths and transported to a hospital without delay. ***When in doubt, always treat as heat stroke.***

State Football Championship Sites

Final round games will be played at a site determined by the IHSAA Board of Directors. When possible, state championship games will be held at Idaho's three university facilities.

Prioritized Factors for Selecting Milk Bowl Sites, Dates, and Times

1. A region cannot host two years in a row unless both schools are from that region.
2. Site Availability
 - a. Idaho State University: A maximum of four games per day may be scheduled at the ICCU Dome. If possible, games should be scheduled for Friday afternoon and evening. Final game times and dates will depend on ISU's football schedule.
 - b. University of Idaho: A maximum of three games per day may be scheduled at the Kibbie Dome. If possible, games should be scheduled for Friday afternoon and evening. Final game times and dates will depend on the U of I's football schedule.
 - c. Boise State University: A maximum of two games per day may be scheduled at Don Larson / Albertson Stadium. Final game times and dates will depend on BSU's football schedule. The 4A, 3A, 2A, and 1A Milk Bowl games in District III will be played at an area high school.
3. Travel
 - a. The team traveling the farthest distance will have the first choice of game time.
 - b. No game will be scheduled to start after 9:00 p.m.
 - c. Consideration of instructional time lost by the two participating teams
 - d. Availability of lodging and meals for teams, support groups, and spectators.

The final decision in setting sites, dates and time for each Milk Bowl will be made by IHSAA representatives by 10:00 a.m. the Sunday prior to the state championship game.

Home/Visiting Team Designation for Championship Games

The team traveling the greatest distance to the site will be designated the visiting team and will wear white jerseys. This team will be assigned the largest locker room, equipped with the most showers and restrooms, and placed on the same side of the field as the press box. If both teams are from the same city, the higher-seeded team will be designated the home team. Locker room assignments, sideline placement, and student sections will be determined at the discretion of the site manager.

6A / 5A Financial Plan — Semi Final Round

All 5A and 4A games except championship games.

1. Per game reimbursement
 - a. Travel: \$3.00 per mile (one way) towards the cost of transportation regardless of number of buses a school wishes to send.
 - b. Meals and/or lodging: (1) up to 200 miles one way - \$250, (2) 200-300 miles one way - \$500*, (3) Over 300 miles one way - \$2,000.
*Any contest between District II and District III will fall into category 3 due to the type of roads.
2. Trophy and medal costs will be shared by participating schools.
3. Reasonable local expenses - if the game is held in a non-school facility, rent will be paid.
4. IHSAA will receive 15% of gate receipts after sales tax deduction.
5. If the gate receipts are not sufficient to cover the on-site expenses, the travel reimbursement will be proportionate to the income.
6. Net receipts from all semi-final games will be divided among participating schools. Each participating school will receive one share for each game it plays.
7. The IHSAA will be in control of all media rights for the rounds of 8 and 16. All media money from these rounds will be returned to the participating schools.

4A/ 3A / 2A / 1A Financial Plans – Quarter/Semi Final Rounds

1. Plan when the game is played at a host site:
The following expenses will be deducted before the revenue is shared.
 - a. Percentage to State Association (a) 10%, (b) 15%, (c) 20%
 - b. Officials
 - c. Percentage of cost of awards based upon the number of games in playoff
 - d. \$3 per mile one way for traveling team
 - e. Sales tax
 - f. The host team will be allowed up to \$400-4A/3A, \$300-2A/1A for on-site expenses.
The remaining revenue will be divided as follows:

| | | |
|------------------|---|-----|
| a. \$1-\$1000 | Home Team | 45% |
| | Visiting Team | 55% |
| b. \$1001-\$4000 | If travel is over 200 miles, teams split 35-65 in favor of traveling team; otherwise, split is 45-55. | |
| c. Over \$4000 | Home Team | 48% |
| | Visiting Team | 52% |
2. Plan to be used when the contest is played at a site other than home site:
The following expenses will be deducted before the revenue is shared.
 - a. Percentage to State Association (a) 10%, (b) 15%, (c) 20%
 - b. Officials
 - c. Percentages awards costs based upon the number of games in playoff
 - d. \$3 per mile one way for traveling team
 - e. Sales TaxThe remaining revenue will be divided as follows:
 - a. 0-100 mile difference - 50/50
 - b. 101-200 mile difference - 45/55
 - c. 201-up mile difference - 35/65
3. If the gate receipts are not sufficient to cover the on-site expenses, the travel reimbursement will be proportionate to the income.
4. The IHSAA will be in control of all media rights for the round of 16. All media money from this round will be returned to the participating schools.

Financial Plan for Championship Finals

The following financial plan is for the state football championship finals only.

Meal allowance based upon one way mileage:

| | <u>0-200</u> | <u>201-300</u> | <u>301-450</u> | <u>Over 450</u> |
|----|--------------|----------------|----------------|-----------------|
| 1A | \$150 | \$500 | \$750 | \$900 |
| 2A | 150 | 500 | 750 | 900 |
| 3A | 240 | 800 | 1,200 | 1,600 |
| 4A | 270 | 900 | 1,400 | 1,900 |
| 5A | 300 | 1,000 | 1,600 | 2,200 |
| 6A | 360 | 1,200 | 2,000 | 2,800 |

In addition to the above amount, each school that travels will receive \$3.00 per mile one way for travel. Example: Moscow travels to Pocatello for final round. Moscow is 524 miles from Pocatello. Therefore, they would receive $524 \times 3 = \$1572$ for mileage. Because they are a 4A school traveling over 450 miles, they would receive \$2200 additional.

The Board has no adopted formula for division of gate revenues for doubleheaders and tripleheaders. The Board will review each on an individual basis.

Football Preliminary Playoff Sites

The Board of Directors will approve the sites, dates, and times for all football playoff games during its January board meeting. In all playoff rounds, the designation of a host team does not guarantee the game will be played on that team's home field

The host school may hold the game at its own facility or at another location that meets IHSAA state playoff requirements. However, schools must obtain IHSAA approval before scheduling playoff games at the ICCU Dome, Albertsons Stadium/Dona Larsen Park, or the Kibbie Dome.

Playoff Site Requirements

Each district Board of Control must submit a list to the IHSAA of all potential sites that meet the requirements for hosting state football playoffs.

1. Adequate parking
2. Adequate spectator seating for the following classifications:
 - o 1A: Home team: 200; Visiting team: 150
 - o 2A: Home team: 200; Visiting team: 150
 - o 3A: Home team: 400; Visiting team: 200
 - o 4A: Home team: 600; Visiting team: 250
 - o 5A: Home team: 800; Visiting team: 300
 - o 6A: Home team: 1000; Visiting team: 500
3. Appropriate number of sites for ticket sales.
4. Football playing field area prepared to meet the existing weather conditions.
5. Adequate locker rooms with restrooms and showers with handicapped accessibility. Player restrooms shall be separate from spectators.
6. Adequate number of restrooms for spectators.
7. Adequate security to maintain crowd control. Playoff site management shall take necessary measures to prohibit home team fans from being in the visiting team spectator area.
8. The football field must be enclosed by a barrier positioned at least seven yards from the out-of-bounds lines. This barrier may consist of fencing, rope, or other safe materials that do not pose a risk to spectators. It must stand at least 36 inches high and be actively monitored by game security to ensure that no fans or spectators come within seven yards of the playing field.

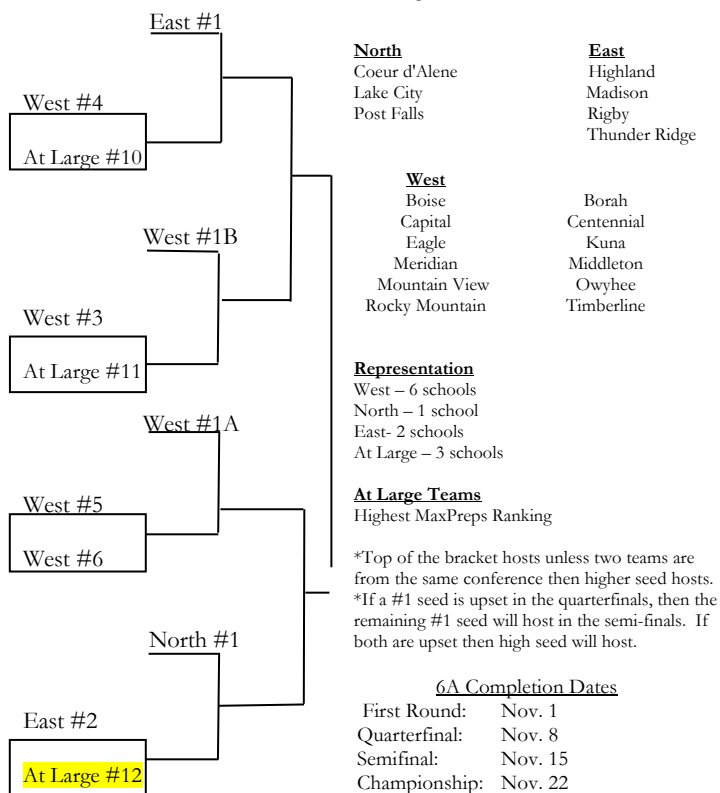
Pre-Tournament Practice

Teams are not allowed to practice in the ICCU Dome, Kibbie Dome, or Albertsons Stadium during the state playoffs, except for the championship game. For the championship, if one team has used the facility during the current season and the other has not, the team without prior access may request a practice opportunity from the tournament director. Approval is subject to facility availability, as determined by the tournament manager. If approved, practice will be scheduled only for the day before the championship game.

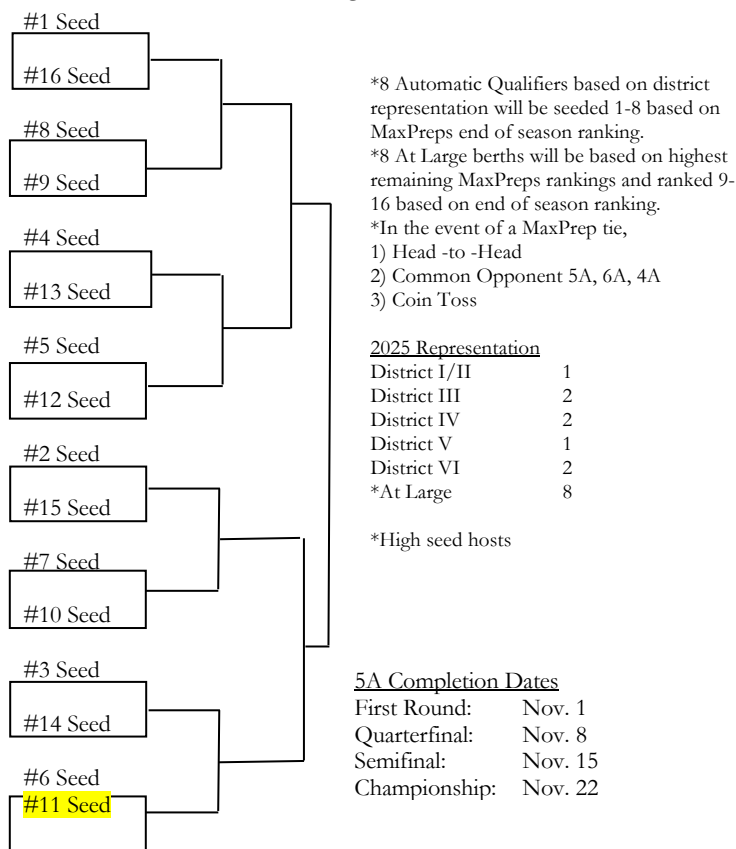
2025 Pairings

The top team in the bracket will be designated as the home team and will have the first option to provide halftime performances.

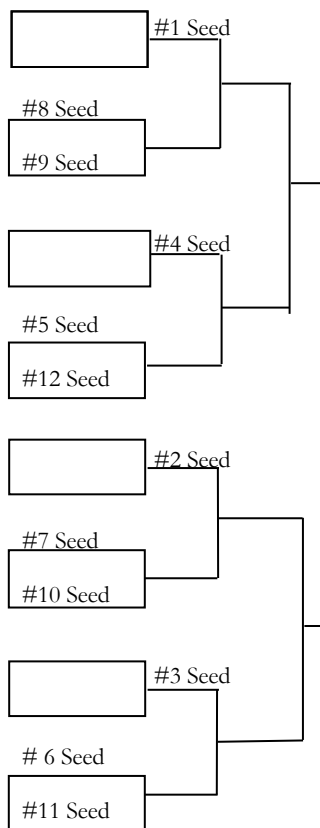
6A



5A



4A

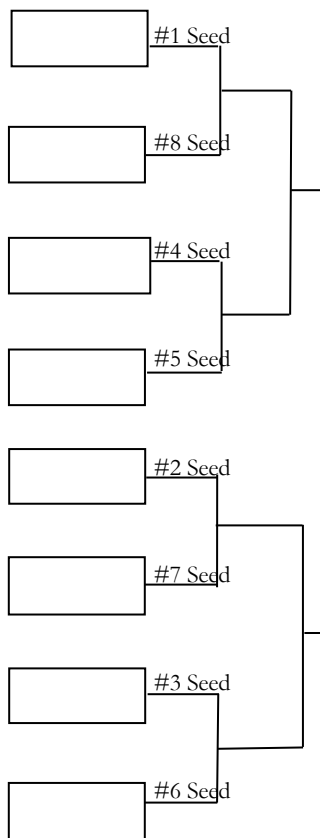


*5 District Champions receive automatic bids
*Remaining slots go to the highest ranked teams
*Final regular season MaxPreps rankings will be used to seed all 12 teams
*Top 4 seeds receive a bye into the quarterfinals
*Highest MaxPreps seed will host through the semifinals

4A Completion Dates

First Round: Nov. 1
Quarterfinal: Nov. 8
Semifinal: Nov. 15
Championship: Nov. 22

3A

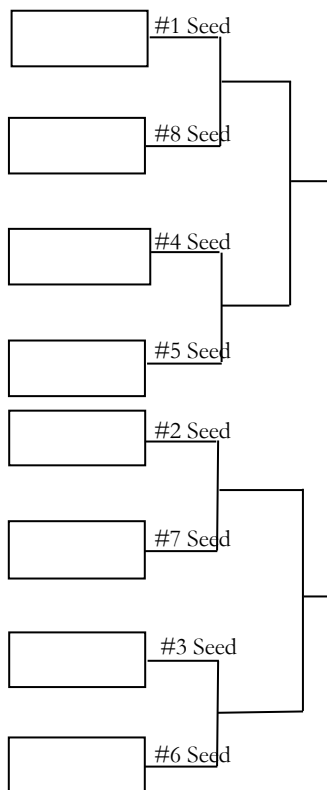


*4 District Champions receive first round bye
*The next 8 highest ranked teams according to MaxPreps will play-in
*Play-in game opponent and sites to be determined by football committee
*Quarterfinals will be seeded 1-8 by the end of season MaxPreps rankings
*EXCEPTION : District I/II champion will be seeded #4 unless earning a higher rank
*Quarterfinals hosted by district champion ; if two district champions are playing, higher seed would host. If district champions have head-to-head, winner would host
*Semifinals will be hosted at a neutral site

3A Completion Dates

First Round: Nov. 1
Quarterfinal: Nov. 8
Semifinal: Nov. 15
Championship: Nov. 22

2A 8-Man



*4 conference champions receive first round bye

*Remaining 8 bids will be determined by highest ranked teams using end of season MaxPreps rankings

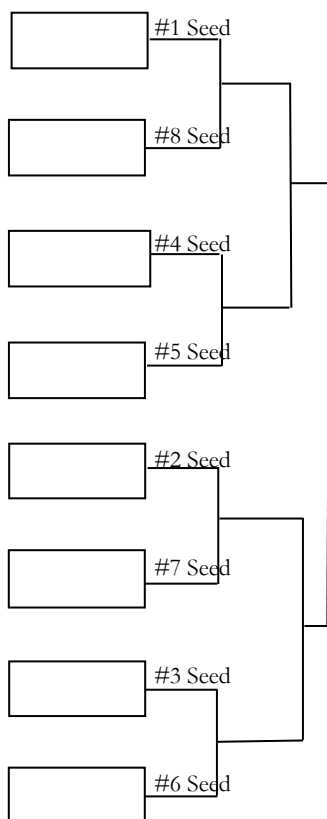
*Quarterfinals will be seeded using MaxPreps week 9 rankings

*High seed will host until Championship Game. If a conference champion is playing a non-conference champion in the quarter-finals, the conference

2A Completion Dates

| | |
|---------------|---------|
| First Round: | Nov. 1 |
| Quarterfinal: | Nov. 8 |
| Semifinal: | Nov. 15 |
| Championship: | Nov. 22 |

1A 8-Man



*4 Highest ranked conference champions receive first round bye

*Lowest ranked conference champion plays lowest ranked qualifying team in play-in round

*Remaining qualifiers, 6-12 are the highest ranked non-conference champions from the end of season MaxPreps rankings

*Quarterfinals will be seeded using MaxPreps week 9 rankings

*High seed will host until Championship Game. If a conference champion is playing a non-conference champion in the quarter-finals, the conference champion will host.

1A Completion Dates

| | |
|---------------|---------|
| First Round: | Nov. 1 |
| Quarterfinal: | Nov. 8 |
| Semifinal: | Nov. 15 |
| Championship: | Nov. 22 |



2025 NFHS FOOTBALL RULES CHANGES

Committee Clarifies and Restricts Attachments on Tooth and Mouth Protectors Effective with the 2026 Season [1-5-1d(5)a - 4, 5 (NEW)] – Items that are attached to the tooth and mouth protector that do not serve a purpose and function in protecting the teeth or mouth will not be allowed. Items that are a part of the tooth and mouth protector that are a health or risk issue to the player and can pose a danger to themselves or other players, will not be allowed.

Arm Sleeve Specifications Developed to Guide Manufacturers, Players and Coaches Effective with the 2027 Season [1-5-2d (NEW), 1-5-3c(6)] – The Sports and Fitness Industry Association (SFIA), in working with the football arm sleeve manufacturers and the NFHS, has developed new football arm sleeve performance specifications to be effective with the 2027 playing season. These new specifications closely align with the current rules for football gloves.

Electronic Equipment Approved to Permit Non-Audio and Still Images to Assist with Relaying Plays from the Sideline to Players [1-5-3c(2)] – This change allows for the use of some additional equipment, but continues to preclude in-helmet communication. This would allow for fixed electronic signs with play signals as well as non-audio methods but still would not permit the players between the numbers to watch video.

Rules Additions Further Prohibit the Use of Video and Audio Devices by Players [1-5-3c(3) (NEW)] – No player participating in the game will be allowed to wear any type of audio or video device in order to record or transmit audio or video.

Forward Fumbles Out of Bounds to be Returned to the Spot of the Fumble [3-4-2d (NEW), 3-4-3a, 4-3-1 EXCEPTION (NEW), 8-5-2a EXCEPTION] – A situation potentially giving an unfair advantage to a fumbling team was revised. When a forward fumble goes out of bounds or is ruled out of bounds between the goal lines, the ball shall be returned to the spot of the fumble.

Further Clarifications Made to Rule 10-4 in Specific Situations [9-6 PENALTY, 10-4-4b (DELETED)] – The committee continues its revisions and clarifications within the penalty enforcement rules to ensure consistency, particularly among illegal participation fouls.

Rules for 6-Player Football Revised to Permit Advancement of a Fumbled Snap (Six-Player – Rule 2 and 7, Six-Player – Rule 7) – The committee clarified that as long as there is a change of possession from the snap receiver to another player on offense, the ball can be advanced beyond the line of scrimmage.

2025 EDITORIAL CHANGES

1-5-1b(2)b(1); 1-5-1b(3)b(1); 2-32-16d; 2-33-1a, 2; 2-41-9b; 2-41-9c; 6-1-9; 7-2-5b EXCEPTION 2; 9-4-3p (NEW); 9-4 PENALTY; 9-5-1g; 9-8-1g; 9-8-1j; 10-3-1, 2; 10-3-3c; 10-4-2b; 10-4-2d; 10-4-4a; 10-5-3; NINE-, EIGHT-, AND SIX-PLAYER RULES DIFFERENCES; PENALTY SUMMARY, INDEX.

2025 POINTS OF EMPHASIS

1. Illegal and Improperly Worn Player Equipment
2. Sportsmanship
3. Defenseless Player / Targeting

****FINAL as of April 2025**

IHSAA Coaches Code of Ethics

The function of a coach is to educate students through participation in interscholastic competition. Interscholastic programs should be designed to promote citizenship and enhance the academic mission of the school.

The Coach Will

- Be aware that he or she has a tremendous influence, for either good or ill, on the education of the student and, thus, shall never place the value of winning above the value of instilling the highest ideals of character.
- Uphold the honor and dignity of the profession. The coach shall strive to set an example of the highest ethical and moral conduct. The coach/school will honor contracts regardless of possible inconvenience or financial loss.
- Master the contest rules and shall teach them to his or her team. The coach shall not seek an advantage by circumvention of the spirit or letter of the rules.
- Demonstrate respect and support for officials. The coach shall not indulge in conduct, which would incite players or spectators against the officials. The coach will not make statements concerning officials' decisions after a game.
- Work with school faculty to promote overall educational growth of the student. The coach shall not exert pressure on faculty members to give student-athletes special consideration.
- Honor the commitment to student based programs that supplement the educational growth of each student-athlete.
- Be professional in association with other coaches. The coach should meet and exchange cordial greetings with the opposing coach to set the correct tone for the event before and after the contest.
- Exert his or her influence to enhance sportsmanship of all extracurricular activities.
- Cooperate with different media sources in an appropriate manner that promotes all aspects of the sport, school and community. Public criticism of officials, opponents or players is unethical.
- Uphold all policies and procedures of the school, district, IHSAA and the National Federation.



Safety courses are required for all coaches on even numbered years. Courses must be taken after May 1, 2024. Submit certificate of completion to your administration.

Required Safety Courses:

- *Student Mental Health & Suicide Prevention**
- *Sudden Cardiac Arrest**
- *St. Luke's Concussion Course**

Follow these instructions to access the free, courses.

- ✓ Go to the IHSAA website - www.idhsaa.org
- ✓ Click school / Coaches
- ✓ Fill in required information to sign-in or create account
- ✓ Follow instructions to start course
- ✓ At the conclusion of the course, **PRINT / SAVE CERTIFICATE.**

NFHS Learn Help Desk
(317) 565-2023



IHSAA Coach Education

The Idaho High School Activities Association is committed to the promotion of coaches' education programs as well as providing resources toward continuing education for all of Idaho's coaches.

✓ **Requirements for Idaho Interscholastic Coaches**

ALL COACHES

- CPR/1st Aid Certification (current certification)
- St. Luke's Concussion Course (fall of even numbered years)
- NFHS Sudden Cardiac Arrest Course (fall of even numbered years)
- NFHS Student Mental Health & Suicide Prevention (fall of even numbered years)

NON-CERTIFIED TEACHER

- NFHS Fundamentals of Coaching (Head Coaches Only)
- NFHS Teaching & Modeling Behavior

CHEER/DANCE/MUSIC/DRAMA/ADMINISTRATION

- NFHS Understanding Copyright & Compliance

POLE VAULT COACHES

- NFHS Coaching Pole Vault

✓ **NFHS/IHSAA Educational Recommendations for Idaho Interscholastic Coaches**

- Complete the NFHS Fundamentals of Coaching course (prior to coaching)
- Complete necessary courses to become an NFHS LEVEL 1 Coach within the first year
- Maintain current certification in AED and 1st Aid Safety
- Complete online courses or professional development specific to the sport in which they are an interscholastic coach
- Know the playing rules of their sport(s) and understand state association rules and policies governing their sport
- Pursue NFHS Certified LEVEL 3 credential within two years
- Read, understand and agree to the national and state Coaches Code of Ethics



4-3 EJECTIONS

- 4-3-1** In any athletic contest, including jamborees, any coach or player ejected for an unsportsmanlike or flagrant act will be suspended for the remainder of the contest/game/jamboree – and, will be suspended for the next regularly scheduled contest at that level of competition, and all other games/meets/matches in the interim, in any sport, at any level of competition. Any staff or parent/fan/spectator associated with a member school ejected for an unsportsmanlike or flagrant act will be suspended for the remainder of the contest/game/jamboree – and, will be suspended for the next two regularly scheduled contests at that level of competition, and all other games/meets/matches in the interim, in any sport, at any level of competition.

Note: Jamborees shall not be considered a regularly scheduled contest.

- a. At the time of ejection, the person/s must leave the field of play and assume a position that will not enable him or her to see or be seen.
 - b. During the suspension of the next regularly scheduled contest, the player is permitted to watch the contest, but may not participate. The coach is not allowed at the contest. The parent/staff/fan/spectator is not allowed at the next two contests.
 - c. Players will also be required to take the NFHS free, online sportsmanship course and submit a certificate of completion to school administration prior to reinstatement. The course must be completed between ejection and reinstatement.
 - d. Coaches will also be required to take the NFHS online Teaching and Modeling Behavior course and submit a certification of completion to school administration prior to reinstatement. The course must be completed between ejection and reinstatement.
 - e. Parents will also be required to earn the NFHS National Parent Credential which includes the free, online Positive Parenting Within School Programs course and The Parent Seat. Credential Certificate must be submitted to school administration prior to reinstatement. The credential must be completed between ejection and reinstatement.
 - f. Other Persons (staff/fan/spectators that are not parents) will also be required to take the NFHS free, online sportsmanship course and submit a certificate of completion to school administration prior to reinstatement. The course must be completed between ejection and reinstatement.
- 4-3-2** A second violation will result in being suspended for the next two (2) regularly scheduled contests. The third ejection will result in suspension for the remainder of that season. If penalties are imposed at the end of the sport season and no contest remains, the penalty is carried over to that particular sport until the next school year. In the case of a senior student, the penalty will continue to the next IHSAA sponsored sport.
- 4-3-3** The procedure for suspension and notification is:
- a. The officiating crew must approve any additional suspension by a majority vote at the conclusion of the contest.
 - b. The official/commissioner shall report an ejection to the school's principal and athletic director when a player/coach/staff/parent/fan/spectator is ejected from a competition.
 - c. The report must be submitted within a 24-hour period of the conclusion of the competition in which the infraction occurred.
 - d. The game official that disqualifies an individual for an unsportsmanlike act must notify the District Commissioner with a written report by the conclusion of the next day.
 - e. The District Commissioner, upon receipt of the report, shall notify the District Secretary, President of the District Board of Control, the school, and the IHSAA with a written report of the incident by the conclusion of the next school day.
- 4-3-4** The responsibility to enforce the penalty for being suspended lies with the school principal. Any dialogue concerning the suspension should come from the school principal and be directed to the President of the District Board of Control of the region in which the contest took place. The President of the District Board of Control (of the region in which the contest took place) may appoint a hearing committee to hear any appeals within 48 hours of the receipt of a complete report of the incident. It is the responsibility of the secretary of the District Board of Control in which the hearing took place, to notify the district Board of Control secretary in which the student athlete or coach resides. Appeals may not deal with decisions made by contest officials.
- 4-3-5** When an individual is suspended for the next contest, the interpretation of "contest" is as follows:
- | | |
|-------------------------|--------------------------|
| Football: next game | Volleyball: next match |
| Basketball: next game | Cross Country: next meet |
| Wrestling: next contest | Softball: next game |
| Baseball: next game | Track: next meet |
| Tennis: next match | Golf: next match |
| Soccer: next match | Swimming: next meet |
- 4-3-6** Any ejection that is the result of physical contact or excessive verbal abuse by a player/coach on a game official will be referred to the local District Board of Control for review to determine if any additional reprimand or suspension is warranted.
- 4-3-7** If a coach is ejected from an IHSAA contest, the designated school administrator must appoint an appropriately qualified adult to supervise the remainder of the contest or forfeit the contest.



GUIDELINES FOR HANDLING CONTESTS DURING **LIGHTNING DISTURBANCES**

The purpose of these guidelines is to provide a default policy to those responsible for making decisions concerning the suspension and restarting of contests based on the presence of lightning.

Proactive Planning

1. Assign staff to monitor local weather conditions before and during events.
2. Develop an evacuation plan, including identification of appropriate nearby shelters.
3. Develop criteria for suspension and resumption of play:
 - a. When thunder is heard, or a cloud-to-ground lightning bolt is seen, the thunderstorm is close enough to strike your location with lightning. Suspend play and take shelter immediately.
 - b. Thirty-minute rule: Once play has been suspended, wait at least 30 minutes after the last thunder is heard or flash of lightning is witnessed prior to resuming play.
 - c. Any subsequent thunder or lightning after the beginning of the 30-minute count reset the clock and another 30-minute count should begin.
4. Hold periodic reviews for appropriate personnel.

For more detailed information, refer to the *Guidelines for Lightning Safety* section contained in the NFHS Sports Medicine Handbook www.nfhs.org.



IHSAA

IDAHO HIGH SCHOOL ACTIVITIES ASSOCIATION

IHSAA and MaxPreps Partnership FAQ

IHSAA and MaxPreps Partnership Background

The IHSAA has partnered with MaxPreps to efficiently collect schedules, scores, rosters and team photos, to highlight member school information. MaxPreps' industry leading platform provides schools with various desktop, tablet and mobile options to keep their team information accurate. Once team information is submitted to MaxPreps it will be automatically made available to the IHSAA.

--- Frequently Asked Questions

1. **What do coaches need to do?** In order to accurately manage important IHSAA initiatives, coaches are required to enter their team rosters and team photos on MaxPreps. Coaches are also required to enter their scores into MaxPreps immediately after each game throughout the season to help compile accurate regular-season standings and statewide leaderboards and post-season seeding.
2. **How do coaches sign up to get free access to their administrative account on MaxPreps for the first time?** Coaches or Athletic Directors can follow [this link](#) to become a MaxPreps member and follow the prompts to request their unique access code. Your one-time access code will identify you as the coach or AD with permission to your team/school account. You can enter this access code in the "Set up Admin Accounts" link of your member account profile page.
3. **Can coaches allow a team statistician or assistant coach to help manage their team information?** Yes! Once the coach has access to their team admin page, they can give other individuals access to their page to help keep their team information accurate.
4. **What if I already have a MaxPreps account?** Coaches and ADs with an existing account will simply need to continue submitting information.
5. **What do Athletic Directors need to do?** Athletic Directors simply need to clearly communicate with coaches to keep their scores and other team information updated on MaxPreps. ADs should direct any new coaches or coaches currently not using MaxPreps to contact MaxPreps at 800-329-7324 x1 or support@maxpreps.com, to sign up immediately.
6. **Can Athletic Directors control their MaxPreps team pages, if desired?** Yes. Athletic Directors can control every single team page from their free "School Administration" page on MaxPreps. While MaxPreps recommends coaches are responsible for their own team information, MaxPreps provides 100% free reporting, communication and school management tools for athletic directors, if desired. In order to gain access to your school administration page, please contact MaxPreps at support@maxpreps.com, to sign up today.



IHSAA

IDAHO HIGH SCHOOL ACTIVITIES ASSOCIATION

7. **Which sports are included in the partnership?** At this time, football, girls' volleyball, boys' and girls' basketball, boys' and girls' soccer, baseball and softball are included for score and statistics entry. All sports are required to enter team rosters and team photos.
8. **What about other sports?** Coaches from any other sports may still choose to use MaxPreps' free platform.
9. **Is MaxPreps compatible with other stat programs?** In addition to MaxPreps' own mobile, tablet and desktop tools, MaxPreps is compatible with more than 80 different stat companies across multiple sports.
10. **Does MaxPreps have an app to manage team information?** Yes! An app called Teams by MaxPreps is coming soon and will be available to download for both iPhone and Android devices. ADs and Coaches will be able to communicate directly with athletes and parents, sync their game schedule to their phone's calendar, enter complete schedules, rosters, scores, stats and more. Visit maxpreps.com/teams for more information.
11. **How can fans participate with their teams?** This season the IHSAA is encouraging all teams to assign Official Team Reporter responsibilities to a trusted program volunteer. The **MaxPreps fan app** allows the program volunteer to provide live scoring updates on their mobile device during the game, to keep your high school community engaged and informed. All scores and updates will be available statewide on the IHSAA Scoreboard. The app is available for [iOS devices](#) and [Android devices](#).
12. **What do I label my game type as?** All games should be labeled as conference, non-conference, conference tournament or tournament. **Do not label games as "playoff". In Idaho, the state tournament games are considered "playoffs".**
13. **What is the consequence for school's that do NOT enter game results/scores?** All regular season and district tournament game scores must be entered by each member school on MaxPreps by midnight, Pacific Time, on the Saturday preceding the state tournament. Schools that fail to meet this deadline will be fined \$1,500 per sport. Any scores submitted or modified after the deadline will not be included in the final rankings.
14. **Who can I contact with additional questions?** Coaches and ADs may contact MaxPreps Idaho representative Alisa Dancer at alisa.dancer@playonsports.com, or may direct questions to MaxPreps coach support at support@maxpreps.com, or 800-329-7324 x1. MaxPreps also has a support website at support.maxpreps.com that can help answer specific questions such as how to enter a schedule or a roster, or how to upload a team photo, etc.



MaxPreps Rankings

IHSAA State tournament brackets for girls' soccer, boys' soccer, volleyball, girls' basketball, boys' basketball, baseball and softball will be seeded using MaxPreps Final Idaho Rankings.

Frequently Asked Questions

Do playing out of state school effect the rankings?

- There is no difference in playing a team from your state or an out of state opponent. We do not use the state played for in the calculation. You will want to make sure that the opponent school has an up to date schedule on MaxPreps but that goes with any team you play. If an opponent's schedule is not up to date, reach out to Alisa Dancer, alisa.dancer@playonsports.com or 530-957-1575 to get the schedule fixed.

Does playing a lower or higher division team have any impact on the rankings?

- MaxPreps rankings does not take into account the division or league a team is playing in. Playing a 5A school is the same as playing a 2A. Playing a school **ranked** lower than you and losing could hurt your ranking.

What is the rating?

- Calculated using your win/loss and quality of win. Quality of win is based on where your opponent is ranked and if you won or lost.

What is the strength of schedule?

- Is the average rating of all your opponents.

Is there a Margin of Victory?

- Yes, each sport has a small margin of victory. Should you run up the score? No, it is capped and does not have a high impact on your rating.
- Margin of Victory maximums for each sport:
 - Baseball – 10 runs
 - Basketball – 20 points
 - Football – 21 points
 - Soccer – 5 goals
 - Softball – 10 runs

Do forfeits count?

- **“No-Fault” Forfeits** (both school administrations agree that the game can’t be played) do NOT count in the rankings. **Do not select the forfeit button.** Game can be deleted from schedule.
- **“At-Fault” Forfeits** (one school violates a rule and/or contract to participate) count in the rankings and should be entered with a game score that is the maximum margin of victory per sport. If you do win as an “At-Fault” forfeit mark the score as – Football 21-0, Volleyball 3-0, Soccer 5-0, Basketball 20-0, Softball and Baseball 10-0. If the District Board of Control determines a breach of contract has occurred, schools will enter a “forfeit” into MaxPreps or Track Wrestling, whichever is applicable.

What is the consequence for school’s that do NOT enter game results/scores?

- All regular season and district tournament game scores must be entered by each member school on MaxPreps by midnight, Pacific Time, on the Saturday preceding the state tournament. Schools that fail to meet this deadline will be fined \$1,500 per sport. Any scores submitted or modified after the deadline will not be included in the final rankings.

MaxPreps rankings are run twice a week. Each time it is run, it starts from the beginning of the season. If a team you played is ranked high at the beginning of the season and they lose their best player and start losing games, their rating could drop along with yours if you played them.

The more games you play helps but you can still be ranked high even if you are playing less games than your opponents. Especially if you are winning the games you do play.

Coaches and ADs may contact MaxPreps Idaho representative Alisa Dancer at alisa.dancer@playonsports.com or 530-957-1575